

Photo Supplied

Rocky Feroe, celebrating her Volunteer of the year award.

Riverdalian receives Volunteer of the Year award

Congratulations, Rocky!!

By Gillian Austin

On November 24th, Rocky Feroe was recognised at the EFCL (Edmonton Federation of Community Leagues) Volunteer Recognition Gala for her outstanding commitment to the Riverdale community.

On November 24th, she was presented with the Volunteer of the Year award by master of ceremonies, Allan Bolstad, the executive director of the EFCL.

The following includes excerpts of the nomination sent in by Rocky's friends and neighbours *Cont. on page 2*

Time to sign up for casino!

Urgent message for all Riverdalians

From Diana McIntyre,

RCL Casino Coordinator

Riverdale's next casino is on Wednesday, February 18 and Thursday, February 19.

As this is our major fundraiser for the next two years, it's imperative we do a good job of it.

Our Community League has been commended in the past for being well-organized and hard-working, and our thanks go to those volunteers who made it possible.

On the enclosed form, please indicate what dates you can help, and sign up. Also state what position and what shift you would like to work.

And if you have experience working the senior positions (Banker, Count Room Supervisor and Cashier), please indicate your preference.

Positions will be chosen on a first-come, first-served basis.

We also need someone to help with phoning the volunteers, so please give me a call at **780 469 4140** and we can share duties.

This is a golden opportunity for everyone to help raise the funds that support many of our Community League's programs.

If you haven't worked a casino before, you don't want to miss out on a splendid chance to get to know many of your neighbours and have some fun while doing so. *Cont. on page 2*



Photo by Steve Vanier

Christmas on 87th Street.

Riverdale Playgroup is back!

Thanks to a new volunteer playgroup coordinator, Riverdale playgroup will start again in the new year.

Playgroup runs from 9:30 a.m. to 11 a.m. at the hall, every Wednesday morning.

It is a free, drop-in group where parents or caregivers can bring their infant to preschool-aged children and play.

Everyone is welcome. If you'd like more information or you'd like to help out please contact **Gail at 780 886 7887**.

Playgroup starts Wednesday January 7th.

Crooks never take a holiday

Reporter Allan Shute

While summer is the high season for break-ins in Riverdale, they occur year round, and the holiday season is no exception. We just received a report of a late-afternoon break-in prior to Christmas in a cute, older-style bungalow on 90th Street.

A number of hard-to-replace items were stolen along with some laptops, each containing data extremely difficult to reproduce.

The fact that it happened to an older home is proof positive that even modest dwellings can be targets. Keep in mind B&E artists are only interested in a quick, fast buck.

While fancy newer homes might hold the glittering promise of expensive goodies, they are also more difficult to break into. Older places are often quite easy.

The best thing we can do is make sure our homes are not pushovers. As a community, we can all keep our eyes open on our own and our neighbours' properties.

If someone or something seems out of place, call the police at **780 423 4567**.

If you see a crime in progress, don't hesitate to call **911**.

Winter labyrinth walk

If you would like to set some time aside for yourself early in the New Year, you are once again welcomed by Jean Ure and Sheryl Ackerman to come to the Riverdale Hall (9231 - 100 Ave) and walk our indoor labyrinth.

Drop in any time between 11 a.m. and 2 p.m. on Saturday, January 10th.

The walk is open to all ages.

This is an opportunity to walk a labyrinth in silence. Donations appreciated.

For further information, call **Jean at 780 424 8339**.

Riverdale Community League
Meeting

Monday, 5th January

7 p.m.

Riverdale Community League hall,
9231-100 Avenue

SOCIAL NEWS



• Whew! They're back! **Katrina Petrosky**, left, and **Jordan Watchel** of Riverdale visit some charming kids in Battambang, Cambodia, where they had the chance to visit an orphanage for a few days on their three-month jaunt to the Far East.

Our local lasses also toured Viet Nam, Thailand, Laos, India and Hong Kong.

Writes Kat's mum **Elaine Petrosky**: "The most anxious time, from my perspective, was their last week, when they were supposed to fly out of Bangkok, (which was closed), and they were in India, although not in Mumbai."

"They were instead west of Delhi, close to the Pakistan border."

• And the happiest of 82nd birthday wishes to dear old **Marguerite Yuzyk** who, we swear, is getting younger every year. Although she's been out of her 89th Street home for 17 years now, Marguerite still keeps in touch with her Riverdale pals. She regularly calls her former neighbour and longtime friend **Esther Spink** and sees the **Maryann Zak** family from time to time when she manages to get down here.

And she keeps up with local doings because **Janet Jackson** faithfully sends her *The Riverdalian*.

All our Riverdale love, Marguerite. On January 15th, we'll be thinking of you!!!

• Big congratulations to **Liz O'Neill**, longtime stalwart at Big Sisters Big Brothers, and her cheery crew.

She has just kicked off the 29th Dream Home lottery in support of their charity that does such good work with kids who need friendly guidance in their lives. Unfortunately the financial downturn has had a slowing effect on early sales, but Liz is determined to make this draw the most successful ever.

We Riverdalian can help the worthwhile charity and much-appreciated local employer by dropping over to their offices (right across from Tree Frog) and picking up a ticket for \$25 (four for \$60 or ten for \$100). Or drop by the grand prize, at 103 Balmoral Cove in Balmoral Heights in south Sherwood Park. Tix are also available online at www.bigbrothershomelottery.org or **780 424 8181**.

Snow Shack program

Remember to drop by the Riverdale Snow Shack at 9231 – 100 Ave for a fun-filled winter school break!

Join the exciting outdoor games, crafts, music, drama and winter activities. December 29-31, 12:30 p.m. to 4:30 p.m. It's for children aged 6 to 12 years, and is absolutely free!!



Photo Supplied

Welcome home, Jordan Watchel and Katrina Petrosky! They have been travelling in Southeast Asia from Sept to Dec exploring the countries of Thailand, Vietnam, Cambodia, Laos, as well as India and Hong Kong. By all accounts it was a great trip.



Photo Supplied

(From left to right) Bill Moore-Kilgannon, Willow Austin, Lil Sveen, Gillian Austin, Kate Rathwel, Eric Gormley, Rocky Feroe, Laura Marvan (back), Rhea March and Donna Koziak.

Volunteer

From front page

"Riverdale has a long history of being a community of go-getters and activists. Rocky Feroe's strong collaborative nature and exemplary leadership skills reach far and wide through the Riverdale Community and beyond.

We feel that Rocky exemplifies all of the distinctiveness needed to be recognised as Volunteer of the Year because she is compassionate and devoted to her community and has made innumerable contributions that have made Riverdale an even better place to live.

Rocky organizes and leads Riverdalian with an infectious enthusiasm and vitality. She is Riverdale's "community cheerleader" with a never ending stash of ideas and energy that she continually uses to motivate her neighbours. She'll get an idea and then she mobilizes the community into action.

Rocky is an inspirational and motivational neighbour who is endlessly jumping in and doing what needs to be done. She is a hands-on person who is always encouraging and assisting others to become involved, especially the children."

It couldn't have happened to a nicer gal!!

Riverdale's skating rink schedule

Saturday		Sunday	
10 a.m. to 11 a.m.	Maintenance	10 a.m. to 11 a.m.	Maintenance
11 a.m. to 2 p.m.	Public Skating	11 a.m. to 6 p.m.	Family Day Combined Use
2 p.m. to 6 p.m.	Open Hockey	6 p.m. to 7:30 p.m.	Maintenance
6 p.m. to 9 p.m.	Combined Use	7:30 p.m. to 9 p.m.	Closed
9 p.m.	Maintenance		
Monday to Friday			
10 a.m. to 4 p.m.	Closed		
4 p.m. to 6 p.m.	Combined Use		
6 p.m. to 7:30 p.m.	Public Skating		
7:30 p.m. to 9 p.m.	Open Hockey		
9 p.m.	Maintenance		

The Schedule on holidays (Christmas, etc.) will be posted at the rink. The rink facility will be closed when colder than -23C and warmer than 0C. During Public Skating NO sticks or pucks are allowed on the ice.

For safety reasons, helmets are encouraged for children under the age of 12

Casino

From front page

Please complete the volunteer form and drop it off at Tree Frog Press by January 30th, 2009.

My thanks and appreciation in advance to those who get their forms in early.



Photo by Katherine Shute

Praying for snow works!

Winter mystery on 92nd

Somebody with big boots walked through the fresh snow and up Sharlene Carlsons' steps one morning, and left a man's large winter jacket in good shape on the front porch. Last month an even bigger bag filled with a winter jacket, vest, socks, new locks and luggage tags, plus a sparkly red heart bouquet were left.

Riverdalian are asked to keep their ears to the frosty ground and come forward with any insight into what's going on. It could be a thoughtful care package for a homeless person.

Linda Goyette kindly brought the first bag to the Bissell Centre. It was suggested there might be someone in Riverdale collecting for homeless people and confusion somehow with the drop-off point. If you have any ideas, please contact *The Riverdalian*, or Sharlene Carlson at 9032 - 101 A Ave.

If the intended recipient cannot be found, then everything will be donated to Riverdale playschool. They're collecting warm clothing for the Hope Mission.

Join or renew your 2008/2009 Community League Membership. Contact membership co-ordinators, Laura or Mik, at **424-8116**

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LEUTENANT GOVERNOR'S LEADERSHIP FOR ACTIVE COMMUNITIES AWARD
Deadline January 30, 2009

Lieutenant governor awards leadership for active communities

From Becky Redford, Community Recreation Coordinator

Lieutenant Governor Norman Kwong; "I am very honoured to work with the Alberta Recreation and Parks Association (ARPA) and its fund development partner, the Recreation for Life Foundation on these awards and I encourage all Albertans to consider nominating someone who is working to keep their community healthy, active and a great place to be."

The Lieutenant Governor's Leadership for Active Communities Award is a special legacy initiative connected with The Honourable Norman Kwong's honorary patronage of the Alberta Active Communities initiative.

The deadline for nominations is January 30th, 2009.

This province-wide awards program recognises the achievements of teams and individuals who demonstrate the very best of active community leadership; engaging citizens in planning, and using leadership to get more people, more active, more often.

These leaders work to create places, spaces and opportunities for people to be active and engaged in their communities, using recreation as a catalyst.

The result are communities that are inclusive, engaging and active; places where people want to live, work and play!

The following five categories have been established to recognise the scope of leadership that is required to get people working together for a more active and healthy community:

Community Leader Award; Group Spirit of Community Leadership Award; Community Leader of Tomorrow Award; Elected Community Leader Award, and Corporate Community Leader Award.

More details and nomination forms are available at www.arpaonline.ca or contact **Carol Petersen** at **780 415 1747**, or e-mail cpetersen@arpaonline.ca

RBC Royal Bank
Marc Ranson FICB, CSC, BEB, MBA
Mortgage Specialist
Royal Bank of Canada
Capital Region
Edmonton, AB T5H 4N7
marc.ranson@rbc.com
<http://mortgages.rcroyalbank.com/marc.ranson>
Tel: (780) 429-4265
Cell: (780) 932-6996
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Ben Henderson
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Please Contact Me on Civic Issues
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AN INCREDIBLE DISCOVERY AT A CRITICAL TIME
Did you know that?
* Viruses, bacteria, yeasts and fungi can inflict terrible damage and be at the root of many diseases.
* Antibiotics have served to make our diseases drug resistant. USA Today, 2002 reports that scientists warn that new antibiotics and vaccines are barely staying ahead of drug-resistant pathogens.
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Join us for a rare local presentation by Ean Langille, Master Herbalist, Natural Health Consultant, National and International Speaker, Health Educator and owner of Total Wellness in Penticon B.C. Drawing on his expertise and experience working with many health conditions, Ean will present the science of this product, how it works, how it is changing our world, and why it may save your life!
Thursday, January 29, 2009 at 7:00 –9:00 pm
Central Lions Recreation Centre, 11113-113 St. Edmonton, AB. (corner of 111 Ave & 113 St.)
Cost: \$5 at the door.
Sponsored by: Joan Langille at 780 424-7666 or lancan@shaw.ca
Arden Casault at 780 464-4421 or casault@telus.net



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Conrad Lewandowski, B.Sc. Pharm, Owner/Pharmacist
7915 -106 Ave, Edmonton, AB
phone: **469-8222**

Part-time rink supervisors wanted

Riverdale Community league is seeking part-time Rink Supervisors for the current skating season (until approximately the middle of March, 2009).

Rink Supervisors will work under the direction of the Riverdale Rink Committee, with the following duties:

Unlock rink shack at the beginning of each skate time; Record open and close times and number of skaters (hourly); Supervise rink activities (implement priority of scheduled activities on a common sense basis; enforce no vandalism/no violence rules; provide minor assistance to younger children as required; be prepared to call for emergency assistance if needed); Scrape ice at least once during each day (no flooding); Turn on rink lights at dusk; Check washrooms for general cleanliness, and sweep floors of dressing rooms; Inform Rink Committee of any noticed needs for supplies or maintenance and lock rink shack at the end of each skate time (unless ice-maker is on-site).

Work times are Weekdays: 4 p.m. to 9 p.m. (2 shifts each day); Saturdays: 11 a.m. to 9 p.m. (2 shifts) and Sundays 11 a.m. to 6 p.m. (2 shifts)

School holidays on weekdays – extra shifts available.

No shifts when temperature is colder than -23C or warmer than 0C.

Remuneration: \$8.40/hr.

Applicants must be 16 years or older, able to commit to work at least one (1) full shift each week for the duration of the skating season, and have use of a cell phone while on shift.

References, certification of babysitting and/or first aid training will be an asset.

Applications are most welcome from Riverdale residents willing to work as Rink Supervisors in a volunteer capacity.

Contact **Donna Koziak**, at **780 424 2915**.

CLASSIFIED

CLASSIFIEDS ARE \$2 a line.

To advertise contact *The Riverdalian*, by leaving a message on **780-633-6683** or email theriverdalian@shaw.ca

PIANO (KEYBOARD) LESSONS for kids in Riverdale. Most people in Riv know I teach guitar and perform for kids. I also studied 7 years each of classical piano and violin. Now offering keyboard for kids. Ma Fletcher 780 426 4155

RIVERDALE NANNY looking for work in Riverdale. References available, over 5 years experience. Call Florita, 780 421 7558 (w) 780 691 9024 (cell)

FREE TRIAL GUITAR LESSON. Learn with a qualified teacher who makes learning fun. Private lessons with (Mr.) Ma Fletcher right here in Riverdale. Weekdays, evenings or Saturday afternoons. Children or adults. Beginner to advanced. Rental guitars available. Highly qualified, Ma has taught over 3,000 students, through Ma Fletcher's School of Guitar and has taught guitar instructional workshops at the Edmonton Folk Festival. Insured. Call 780 426 4155 e-mail: mafltchr@telus.net www.mafletcher.com

WANT A CLEAN HOME? Look no further, reasonable rates, and I live in the neighbourhood. Call Nicky at 780 989 1905

SACRED CIRCLE DANCE at Riverdale Hall (9231-100 Ave), Wednesdays from 7 p.m. to 9 p.m. Everyone welcome! Phone Lorena 780 435 6637

HOLIDAY RENTALS, SOUTH FRANCE. Medieval house and studio, 16th Century village of Montagnac, near Montpellier/Mediterranean. Web: www.sjevent.ca ; email: sjevent@shaw.ca

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EDMONTON INTERNATIONAL FOLK DANCE, at McKernan Community Hall, (11341-78th Ave). Fridays from 7:30 p.m. to 10:15 p.m. Everyone welcome! Phone Lorena 780 435 6637

LOTUS SOUL GYM, YOGA STUDIO Multi-disciplinary studio and retail outlet for yoga accessories and eco friendly gifts.offers daily yoga classes in hatha, vinyasa flow, yoga for runners, restorative, prenatal, mom and baby, weekly workshops and more. Register now for January's Yoga Fit Bootcamp. For further information, visit www.lotussouलगym.com or call 780 428-5202. Visit us at 10816 95th Street.

RELAX, RENEW, REJUVENATE. Reflexology. For an appointment contact Suzanne at 428-8573 (Gift Certificates available)

POPULAR GUITAR COURSES. In Riverdale with Ma Fletcher. 10 week adult courses starting January 20th. Beginner 6-7 pm Intermediate 7-8 pm. Study with a master teacher who makes learning music fun. \$30 discount for registrations received by January 10 (\$180). After January10, \$210. Rental guitars available. Call 780 426 4155 e-mail: mafltchr@telus.net www.mafletcher.com

ACHING MUSCLES? EMOTIONALLY overloaded? Feeling disconnected? Certified wholistic massage therapist, in Riverdale. Over 14 years in private practice. Connecting with you to promote healing, calming and renewal. Call Sue Stuparek (CMT) ph. 780 425 4411

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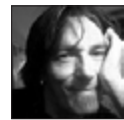
Need to rent the hall?

Bookings and enquires can be made by calling **780 426 6528** or visiting www.riverdalian.net and following the link at the top of the page.

LOST AND FOUND

LOST AND FOUND notices can be emailed to theriverdalian@shaw.ca or call **780-633-6683**

From The Editor:



Happy Holidays! It's been great to see many Riverdalians arriving home safely, and to those leaving, safe and happy travels.

Season greetings and best wishes for a peaceful and joyous 2009.

— Adrian Curwen,
Editor/Layout

If you know of a Riverdalian who missed the last issue of *The Riverdalian*, please contact our distribution coordinator **Sandra**, at **780 468 7623**, and please remember that like a lot of people in our community she has a young family, so please be mindful of the time you call.

Thanks!

All advertisements relating to third-party information, products and services are provided as is, without any representation or endorsement made by The Riverdalian and the Riverdale Community League.

The Riverdale Community League Newsletter, *The Riverdalian*, publishes every month thanks to community volunteers. It is produced and distributed by a volunteer team, as a free service to all members of our community.

If you have news or an advertisement, please email Adrian at theriverdalian@shaw.ca or leave a message at **780-633-6683**.

Deadline for February issue, Sunday, January 18th

Thank you to all those who help put together, organise, sub-edit, proofread, distribute and print *The Riverdalian*, come snow blizzards, scorching sun, plagues of locusts or pestilence.